



## PLASTIC BINDINGS

Plastic Binding Size	Number of Sheets 20lb Bond w/cover
1/4"	20 Sheets - 40 pages
5/16"	35 Sheets - 70 pages
3/8"	50 Sheets - 100 pages
7/16"	65 Sheets - 130 pages
1/2"	80 Sheets - 160 pages
9/16"	95 Sheets - 190 pages
5/8"	110 Sheets - 220 pages
3/4"	130 Sheets - 260 pages
7/8"	160 Sheets - 320 pages
1"	190 Sheets - 380 pages
1-1/8"	210 Sheets - 420 pages
1-1/4"	220 Sheets - 440 pages
1-1/2"	280 Sheets - 560 pages
1-3/4"	350 Sheets - 700 pages
2"	400 Sheets - 800 pages

If you have any questions please visit our website at [www.southwestbusiness.ca](http://www.southwestbusiness.ca)  
or call us toll free at 1-877-285-7044